

Date Night Discussion Starters

Instructions: Use the following group of 10 questions to initiate a healthy discussion. They cover many critical topics toward growing a great marital relationship. On any given date night, each of you should pick 1 or 2 questions to interact on. Mark them off. On a 2nd date night, repeat selecting another 1 or 2 questions each and so on. You can decide to leave questions you don't want to tackle or you feel are lame. Go back to www.DoingFamilyRight.com under **Resources/Date Night Discussion Starters** to download the next set of questions. Keep dating and keep talking.

Hers	His	Question
<input type="checkbox"/>	<input type="checkbox"/>	1. Are you holding onto any unforgiveness? If so, who is it towards and what is it concerning? How can I be there for you?
<input type="checkbox"/>	<input type="checkbox"/>	2. What are 5 things you like to do to help you unwind, relax, and rejuvenate?
<input type="checkbox"/>	<input type="checkbox"/>	3. Is there any unspoken tension between you and me? Or between you and anyone else that I should be aware of?
<input type="checkbox"/>	<input type="checkbox"/>	4. When and where would you like to retire?
<input type="checkbox"/>	<input type="checkbox"/>	5. Everyone changes. How have you changed since we got married (or since we had kids)?
<input type="checkbox"/>	<input type="checkbox"/>	6. If something were to happen to us, who would be best to care for our children?
<input type="checkbox"/>	<input type="checkbox"/>	7. What spiritual beliefs do we hope to have instilled in our children by the time they are a teenager?
<input type="checkbox"/>	<input type="checkbox"/>	8. What is your best advice for having a great marriage?
<input type="checkbox"/>	<input type="checkbox"/>	9. When we first got married and had our dreams for what life would be like, do you feel we have reached these goals and dreams? If not, which one(s) do you feel we can work towards accomplishing next?
<input type="checkbox"/>	<input type="checkbox"/>	10. Do you feel that I put adequate effort into understanding your thoughts and feelings? If not, how could I improve?

