

# Date Night Discussion Starters

**Instructions:** Use the following group of 10 questions to initiate a healthy discussion. They cover many critical topics toward growing a great marital relationship. On any given date night, each of you should pick 1 or 2 questions to interact on. Mark them off. On a 2nd date night, repeat selecting another 1 or 2 questions each and so on. You can decide to leave questions you don't want to tackle or you feel are lame. Go back to [www.DoingFamilyRight.com](http://www.DoingFamilyRight.com) under **Resources/Date Night Discussion Starters** to download the next set of questions. Keep dating and keep talking.

Hers	His	Question
<input type="checkbox"/>	<input type="checkbox"/>	1. How healthy do you feel you have been over this past while? What do you think you can do to improve that?
<input type="checkbox"/>	<input type="checkbox"/>	2. Share with me something that has impacted you the most recently, whether positively or negatively.
<input type="checkbox"/>	<input type="checkbox"/>	3. One of the things I have been missing the most has been _____.
<input type="checkbox"/>	<input type="checkbox"/>	4. What are your thoughts on young children having access to iPhone , iPads, or other internet devices.
<input type="checkbox"/>	<input type="checkbox"/>	5. If our child came home with big news to share with us (ie "I am pregnant", "I think I am homosexual", or "I'm moving out", etc.), how would we respond?
<input type="checkbox"/>	<input type="checkbox"/>	6. What has been your biggest prayer lately?
<input type="checkbox"/>	<input type="checkbox"/>	7. How could we improve our prayer life together?
<input type="checkbox"/>	<input type="checkbox"/>	8. What major hurdles have been getting in the way of you feeling sexually connected with me?
<input type="checkbox"/>	<input type="checkbox"/>	9. Are there any unresolved hurts between us that need to be addressed?
<input type="checkbox"/>	<input type="checkbox"/>	10. What could I do for you that would make you feel more special?

