

Date Night Discussion Starters

Instructions: Use the following group of 10 questions to initiate a healthy discussion. They cover many critical topics toward growing a great marital relationship. On any given date night, each of you should pick 1 or 2 questions to interact on. Mark them off. On a 2nd date night, repeat selecting another 1 or 2 questions each and so on. You can decide to leave questions you don't want to tackle or you feel are lame. Go back to www.DoingFamilyRight.com under **Resources/Date Night Discussion Starters** to download the next set of questions. Keep dating and keep talking.

Hers	His	Question
<input type="checkbox"/>	<input type="checkbox"/>	1. What sort of dreams do you have for us in the future?
<input type="checkbox"/>	<input type="checkbox"/>	2. What is your favorite memory of us when we were still dating?
<input type="checkbox"/>	<input type="checkbox"/>	3. What special memory do you have with each other that have happened in the past year? With our children?
<input type="checkbox"/>	<input type="checkbox"/>	4. Is there anything I can be doing to help you feel more attracted to me?
<input type="checkbox"/>	<input type="checkbox"/>	5. Do you have any "baggage" lying around that needs to be dealt with? Have you begun working on it?
<input type="checkbox"/>	<input type="checkbox"/>	6. Have you noticed any changes in me? Are these changes something you like?
<input type="checkbox"/>	<input type="checkbox"/>	7. Spending time with you is something that is important in maintaining a healthy marriage; do you feel we have been spending enough quality time together? What new ways could we try spending time together?
<input type="checkbox"/>	<input type="checkbox"/>	8. What has been our top 5 most stressful situations going on in our life this past year? Are you through them or still working on them?
<input type="checkbox"/>	<input type="checkbox"/>	9. One of the many things I love and adore about you _____.
<input type="checkbox"/>	<input type="checkbox"/>	10. What are your thoughts on couples having to schedule in sex nights?

