



Doing Family Right

MOBILE DEVICE CONTRACT

For the home of the _____

The following contract includes the restrictions and guidelines for acceptable Cell Phone use within our family. In exchange for your permission to use the phone appropriate to your age level, you must agree to and consistently comply with the following rules – term of this contract – 6 months. Similar guidelines can be assumed for iPads, tablets, iPods, lap tops etc.

Name _____ Age _____ Grade _____

PHONE USAGE

LEVEL 1—MINE: for ages 10–14 – fully paid for by parents. Shared use of one of the family's mobile devices when needed and approved. For special or situational use.

LEVEL 2—OURS: for ages 14–16 – shared payment by parent and child. Limited use of a cell phone co-owned by parents. Turned in after use. Limits/restrictions agreed to.

LEVEL 3—YOURS: for ages 16 and up – full Use of your own phone and fully paid by the teen. Internet use limited as per household rules. No use of the phone between 11pm and 7am.

OUR FAMILY RULES

1. I understand that regardless of what popular culture and my peers may think, within our family, using a cell phone is a **privilege** much like driving a car. I earn the right to use one by displaying mature attitudes and responsible behavior. Having a phone is not my right.
2. I accept that I do not own the phone even if I am paying for part or all of the plan. I am paying for the privilege of using it within these family rules. My use of it can be taken away at any time for any reason.
3. I will share all my passwords to any program or app and the phone itself and will allow my parents to check at any time with or without my knowledge.
4. I will not attempt to use the phone or other online electronic device at night. The cell phone that I have access to will go to the agreed family charging station (not in my room) 30 minutes before bedtime or by ____ pm, whatever is earlier.
5. During family meal times, I will not have the phone at the table and for 20 minutes be free of any phone or text distractions.
6. Etiquette—excuse myself to take calls with others. Give undivided attention in the moment—face to face. Family time is to be priority.
7. I will fully comply with all school rules for cell phone use.
8. While driving, I will not attempt to talk or text or be on my phone in any way. I will pull over to do either or wait until I am at my destination to return the text or call. Like oil and water, driving and phones CANNOT mix.

9. I will not send, forward or store any photos or videos or nudity, violence or any other unlawful activity whether I am involved or not.
10. I will not send or upload any inappropriate or questionable texts or photos of myself or any compromising texts or photos of others.
11. I will not use my phone for hurting others—bullying, gossiping, rumors or hate mail.
12. I will not use any swear words, vulgar, obscene or sexual language via the phone.
13. I will not search for any questionable websites or download content that is inappropriate or sexually explicit in any way. Porn is out.
14. I will inform my parents if I receive any questionable or alarming phone calls, texts, photos and/or emails.
15. I will inform my parents if I am being harassed, bullied or pressured by anyone through my phone.
16. I agree that my parents have a right to request to see my phone and/or look through my phone at anytime. I will not delete my history logs of texts, websites or emails without their permission.
17. My parents have the right to look through my contacts, videos, photos and any other content saved on my phone.
18. I will respond to my parent's calls or texts immediately or as soon as possible in any given situation.
19. I accept that the following reasons are valid criteria for my phone to be taken away or have limited use:
 - a. Poor school performance – missing assignments, skipping school, low grades.
 - b. Poor treatment to others in the family.
 - c. Not doing my household chores.
 - d. Displaying disrespectful or negative attitudes to family or others.
 - e. Living in disobedience or with defiant behaviors.
 - f. Any attempt to deceive my parents—punishment will double.
20. I understand that failure to follow and respect any of these rules can result in the loss of my cell phone use for any length of time as determined by my parents.

Signature _____ **Date** _____

Parent Signature(s) _____

For the 6 month period of _____ **to** _____.